

## CORONAVIRUS INFORMATION & RESOURCES

*We've compiled a list of key useful links to help members from diverse backgrounds access a range of relevant information.*

### Coronavirus government updates:

If you're seeking government **updates** on COVID-19, check out the following sites:

- Federal Government updates can be found at <https://www.australia.gov.au/> OR you can download the Coronavirus Australia app, via the [Apple App Store](#), or [Google Play](#) OR you can join the official government [WhatsApp Channel](#).
- NSW State Government updates can be found here [COVID-19 updates](#)
- Service NSW has a dedicated [24/7 hotline](#) for people and businesses to access COVID-19 advice and support that is not health-related. Call 13 77 88 for the Service NSW Hotline.

For **health information** see:

- The Australian Government's [Coronavirus \(COVID-19\) health alert](#) or you can call the National Coronavirus Health Information line on 1800 020 080 for advice.
- The [Health Direct](#) website has a 'symptom checker' and information on what to do if you feel unwell. Or you can call Health Direct on 1800 022 222.
- The NSW Government has information [here](#) on what is Coronavirus, what symptoms to look out for, and what to do if you feel unwell.
- The [NSW Health Website](#) has information for public health professionals and for the general public, along with updates statistics on COVID cases across the State.
- The [World Health Organisation](#) has advice on protecting yourself and others from COVID-19, frequently asked questions, and mythbusters relating to Coronavirus.

### Coronavirus info for Aboriginal Communities

- The National Aboriginal Community Controlled Health Organisation (NACCHO) has [COVID-19 health alerts for Aboriginal communities](#).
- The [Keep Our Communities Safe brochure](#) and the [Sorry Business and Coronavirus](#) flyer provide advice on stopping the spread of COVID 19 in Aboriginal communities.
- Aboriginal media agencies are working on creative ways to keep remote communities informed and spread the message of prevention, including this song, [Goodbye Corona](#).

### Coronavirus info for Multicultural Communities

- SBS are sharing news and information about coronavirus (COVID-19) in [63 languages](#)
- Videos of ['Coronavirus Explained In Your Language'](#) are available in 15 languages.

### Understanding Coronavirus and what can you do to prevent the spread

- Why physical distancing and staying at home is so important – check out this [2 minute video](#) from ABC news or this [7 minute video](#) from Dr Norman Swan.

### Jolts of Joy to keep us going

- Aussie Pops Orchestra – [What a Wonderful World](#)
- Pub/Couch choir – [Close to You](#)

For Mental Health Support reach out for NSW Peer Support, Chaplaincy and Employee Assistance Program [here](#)

Updated NSW SES Safety Bulletins can be found [here](#)

*Your feedback and inputs are welcome – [diversityandinclusion@ses.nsw.gov.au](mailto:diversityandinclusion@ses.nsw.gov.au)*